

**DEPARTMENT OF SOCIAL AND HEALTH SERVICES
MEDICAID PURCHASING ADMINISTRATION
Olympia, Washington**

To: Psychologists
Managed Care Organizations

Memo #: 10-88
Issued: December 30, 2010

From: Doug Porter, Administrator and Medicaid
Director, Health Care Authority/Medicaid
Purchasing Administration

For information, contact:
1-800-562-3022 or go to:
<http://hrsa.dshs.wa.gov/contact/default.aspx>

Subject: Psychologists: Updated Instructions for Requesting a Limitation Extension for Additional Mental Health Services

Effective for dates of service on and after January 1, 2011, the Department of Social and Health Services (The Department) will update the instructions for requesting a limitation extension for additional outpatient mental health services provided to fee-for-service clients.

What Is Changing?

The Department has updated the instructions for requesting a limitation extension for additional outpatient mental health services provided to fee-for-service clients. The Department made the following changes on page B.7 of the [Psychologist Billing Instructions](#):

Fee-For-Service

If clients need additional visits after they have used their first 20-hour-per-calendar-year benefit, please have them evaluated by the RSN whether they meet criteria for additional services or meet the access to care standard. Include an RSN denial or assessment from an RSN-contracted community mental health center with the request to the Department.

The provider must request and obtain a limitation extension from the Department following the requirements found in WAC 388-501-0169 including:

- Justification of medical necessity;
- Description of services provided and outcomes obtained in treatment to date;
- Expected outcome of extended services; and
- An RSN denial or assessment from an RSN-contracted community mental health center must be included with the request to the Department.

How Can I Get the Department/MPA Provider Documents?

To download and print the Department/MPA provider numbered memos and billing instructions, go to the Department/MPA website at <http://hrsa.dshs.wa.gov> (click the *Billing Instructions and Numbered Memorandum* link).